



INDOOR SEASON 2018-19

TWOS ATHLETIC CLUB

ADULT CLINICS AND PLAY GROUPS



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Twos Athletic Club offers a variety of adult tennis programs and play groups for players of all levels. Come and enjoy these programs while improving your game. Please see below for programs and times.



ADULT DOUBLES CLINICS

Our professional staff will run these clinics with a focus on stroke development, doubles strategy, shot selection, and targeting, in a fun and competitive environment.

**Member/Session: \$190.00 *Non-Member/Session: \$230.00*
**Member/Class: \$29.00 *Non-Member/Class: \$34.00*

Monday	9:30A - 11:00A	(Ladies 2.5-3.0)
Wednesday	5:30P - 7:00P	(Ladies 3.5-4.0)
Thursday	9:00A - 10:30A	(Ladies 3.0-3.5)

WEEKLY MEN'S DROP-IN CLINIC

Monday | 8:30P - 10:00P | (Co-ed 3.0-3.5)
 8:30P - 9:30P Drill / 9:30P - 10:00P Play

**Member/Class: \$16.00 *Non-Member/Class: \$21.00*

QUICK TENNIS

Thursday | 9:30A - 10:30A | (Entry-Level)
 Sunday | 2:00P - 3:00P | (Entry-Level)

**Member/Non-Member Per Session: \$60.00 for 6 weeks*

ADULT SINGLES CLINICS

Our professional staff will run this clinic with a focus on helping each player improve his/her singles game by working on all aspects of singles play.

**Member/Session: \$190.00 *Non-Member/Session: \$230.00*
**Member/Class: \$29.00 *Non-Member/Class: \$34.00*

Wednesday | 9:00A - 10:30A | (Men/Women - All Levels)

CARDIO TENNIS

Tuesday
(Cardio Drills) | 5:30P - 6:30P | (All Levels)

Wednesday
(Lunch Time Cardio) | 12:00P - 1:00P | (All Levels)

Friday
(Cardio and Coffee) | 8:00A - 9:00A | (All Levels)

Saturday
(Cardio Games) | 11:00A - 12:00P | (All Levels)

**Member/Session: \$10.00 *Non-Member/Session: \$15.00*
(sign-up necessary)

WEEKLY PLAY GROUPS

Wednesday | 8:30P - 10:00P | (Men/Women - All Levels)
 Friday | 12:00P - 1:30P | (Ladies Play with Pro)

**Member/Session: FREE *Non-Member/Session: \$15.00*

SESSION DATES

Session 1	9/4/18 - 10/28/18	8 Weeks
Session 2	10/29/18 - 1/6/19 (no classes 11/22 - 11/25 and 12/24 - 1/2)	8 Weeks
Session 3	1/7/19 - 3/3/19	8 Weeks
Session 4	3/4/19 - 4/28/19	8 Weeks