

# DROP-IN SATURDAY PROGRAMS



In order to accommodate busy schedules and to encourage spontaneous class attendance, Twos Athletic Club would like to introduce Drop-in Saturdays.

Please see below for the list of our drop-in classes:

## ADULT MORNING DRILL 9:00A-10:30A

This is a drill designed to start your weekend on the right foot. The staff will run drills that help you improve your game, while staying active. This is done through a series of game-based drills.

MEMBERS: \$23

NON-MEMBERS: \$28

## TINY TOTS 10:30A-11:00A

Tiny Tots is a class designed to introduce tennis to young children in a fun manner to develop an early love for the game. Age range of kids is 3-5 years old. The students will develop motor learning and athletic skills through a variety of activities.

MEMBERS: \$5

NON-MEMBERS: \$5

## RED BALL 11:00A-12:00P

The emphasis of this program is on fun, as well as developing hand/eye coordination and basic tennis fundamentals for our 5-8 year olds. The main goal is to continue to lay the foundation for a love of the game. This class will be using red balls and will play on 36' courts.

MEMBERS: \$15

NON-MEMBERS: \$20

## ORANGE BALL 11:00A-12:00P

This class is designed for players 7-8 years old. Emphasis in this class will be on the development of sound fundamentals. Instructive games are used to improve fundamentals while having fun. This class will be using orange balls and will play on 60' courts.

MEMBERS: \$15

NON-MEMBERS: \$20

## GREEN BALL 12:00P-1:30P

This class is suggested for those with basic tennis experience. Each student will be working on mastering the basic stroke fundamentals, proper movement, and basic singles and doubles strategies. The average age range for this class is 9-10 years old, but is dependent on each child's playing ability.

MEMBERS: \$22

NON-MEMBERS: \$27

## SATELLITE/JR HIGH/HIGH SCHOOL CLASS 1:30P-3:00P

This class is designed for those players that have basic tournament experience, those getting into competition or those that are competing at the high school level. Classes will focus on fine-tuning fundamentals, improving overall consistency, and patterns of play through point playing. This class is the final step to moving on to the Grand Slam class.

MEMBERS: \$22

NON-MEMBERS: \$27